

# Are you up to date on your vaccines?

*Ask your pharmacist for more information.*



## Adult routine vaccines

- Seasonal flu (influenza) vaccine once a year
- Human papillomavirus (HPV) vaccine
- Varicella (chicken pox) vaccine series
- Measles, mumps, rubella (MMR) vaccine series
- Vaccine to prevent whooping cough and tetanus



## Age 65+<sup>1</sup>

- Seasonal flu (influenza) vaccine once a year
- Vaccine to prevent whooping cough and tetanus (Tdap)
- Pneumococcal “pneumonia” vaccine
- Zoster “shingles” vaccine (ages 60+)
- Varicella (chicken pox) vaccine series



## Heart disease<sup>2</sup> and diabetes<sup>3</sup> type I or type II

- Seasonal flu (influenza) vaccine once a year
- Human papillomavirus (HPV) vaccine
- Vaccine to prevent whooping cough and tetanus (Tdap)
- Pneumococcal (PPSV23) vaccine
- Zoster “shingles” vaccine
- Measles, mumps, rubella (MMR) vaccine series



## Back-to-school<sup>4</sup>

- Seasonal flu (influenza) vaccine once a year
- Meningococcal “meningitis” vaccine series
- Human papillomavirus (HPV) vaccine
- Vaccine to prevent whooping cough and tetanus (Tdap)



## Travel vaccine checklist<sup>5</sup>

- Polio
- Rabies
- Routine<sup>5</sup> (MMR, Tdap, varicella, flu)
- Typhoid
- Yellow fever\*
- Meningococcal conjugate (groups A, C, W, Y)

1 <http://www.cdc.gov/vaccines/adults/rec-vac/index.html>. 2 <http://www.cdc.gov/vaccines/hcp/adults/downloads/fs-heart-disease-vaccines.pdf>. 3 <http://www.cdc.gov/vaccines/hcp/adults/downloads/fs-diabetes-vaccines.pdf>. 4 <https://www.cdc.gov/vaccines/who/teens/downloads/parent-version-schedule-7-18yrs.pdf>. 5 <http://wwwnc.cdc.gov/travel/destinations/list>

Please consult CDC website to confirm destination-specific vaccine needs. \*Only available direct from manufacturer ©2017 Health Mart Systems, Inc. All rights reserved. HM-93275-02-17